

SACRED SUMMER CELEBRATION 2011 SCHEDULE

Everything is optional! Take in as much as you want....Kick back as much as you want. Also, keep in mind that the schedule is subject to change slightly. An updated schedule will be given out when you check in.

Friday, July 15th

Time	Event	Leader
7:30 – 9:30 am	Continental breakfast	
8:00 – 9:00 am	Meditation	Saniel Bonder
	Walk in the woods	
	Yoga	Crystal Bacon
9:00 – 9:30 am	Opening Ceremony	Saniel Bonder
9:30 – 12 noon	Large group	Teachers: Saniel Bonder, Dan Will, Allan Morelock, Leslie Oelsner Mentors: Geoff Oelsner, Carol Patterson
Noon – 1:00 pm	Lunch	
1:00 – 4:00 pm	Three small groups*	Dan Will/Jed Bentley Leslie Oelsner/Carol Patterson Allan Morelock/Geoff Oelsner
4:00 – 5:00 pm	Quiet Time**	
4:00 – 4:20	Bodywork: Massage	Timothy Ford
	Bodywork: Reiki	Kim Vetter, Lauren Hughes
	Demo: Breema/focusing	Carol Patterson
4:00 – 5:00	Talk/demo: Gestalt coaching and WDM	Elijah Petersen
	Movement: Qi gong	Laura Wittke
5:00 – 6:00 pm	Activities	
	Movement:** African dance,	Kim Vetter
	Outdoor: croquet, horse shoes, Frisbee, volleyball, soccer, etc	Please bring your outdoor sport equipment/games with you.
4:00 – 6:00 pm	Private sessions	If you are interested in private sessions, please contact the teachers prior to the event to schedule a time with them.
6:30 – 7:00 pm	Dinner	
7:30 – 10:00 pm	Concert	Daniel Sperry - \$15-20 donation

*Sign up for small groups at the end of large group right before lunch.

**Sign up at event check in.

Saturday, July 16th

Time	Event	Leader
7:30 – 10:00 am	Continental breakfast	
8:30 – 9:30 am	Meditation	Saniel Bonder
	Walk in the woods	
	Yoga/guided meditation	Lisa Macy
9:30 – 10:00 am	Discussion: Integral/WDM (Part 1)**	Michael Schwartz & Clay Shotwell
10:00 – 12 noon	Loving the Land empowerment (Part 1)	Saniel Bonder & Linda Groves-Bonder Please register at sanielandlinda.com
Noon – 1:00 pm	Lunch	
1:00 – 3:00 pm	Loving the Land empowerment (Part 2)	Saniel Bonder & Linda Groves-Bonder Please register at sanielandlinda.com
3:00 – 4:00 pm	Moving Mandala for Peace: a moving prayer in community	Anne Hochberg
4:00 – 5:00 pm	Quiet Time**	
4:00 – 4:20 pm	Bodywork: Massage	Lauren Hughes
	Bodywork: Reiki	Mindy Mitchell
	Bodywork: Jin Shin Jitsu	Simon Lafrenière
4:00 – 5:00 pm	Class: Authentic movement/focusing	Carol Patterson
	Art: Creatively express your awakening	Dan Will
5:00 – 6:00 pm	Activities	
5:00 – 5:30 pm	Movement:** Nia	Marjorie Pomper
5:30 – 6:00 pm	Movement:** Hooping	Cathy Pascal
	Outdoor: croquet, horse shoes, Frisbee, volleyball, soccer, etc	Please bring your outdoor sport equipment/games with you.
4:00 – 6:00 pm	Private sessions	If you are interested in private sessions, please contact the teachers prior to the event to schedule a time with them.
6:00 – 7:00 pm	Dinner	
7:00 – 10:00 pm	Concert/Creative Expression	Geoff & Leslie Oelsner to perform first, followed by creative expression time – bring your expression to share!

**Sign up at event check in.

Sunday, July 17th

Time	Event	Leader
7:30 – 10:00 am	Continental breakfast	
8:30 – 9:30 am	Meditation	Saniel Bonder
	Walk in the woods	
	Yoga in motion	Marjorie Pomper
9:30 – 10:00 am	Discussion: Integral/WDM (Part 2)**	Michael Schwartz & Clay Shotwell
10:00 – 12 noon	Sacred Exchanges with Nature	Geoff & Leslie Oelsner
Noon – 1:00 pm	Lunch	
1:00 – 3:00 pm	Small group sittings with teachers (same small groups as Friday)	Dan Will/Jed Bentley Leslie Oelsner/Carol Patterson Allan Morelock/Geoff Oelsner
3:00 – 3:15 pm	Closing Ceremony	Saniel Bonder
7:00 – 8:00 pm	Dinner	For anyone who will be staying this late

**Sign up at event check in.